**Additional Resources:**

**The Science Behind CalWORKs 2.0**

**Core Capabilities**

[**Building Core Capabilities for Life**](https://developingchild.harvard.edu/resources/building-core-capabilities-for-life/) *(The Center on the Developing Child at Harvard University)*

The Science Behind the Skills Adults Need to Succeed in Parenting and in the Workplace

[**Three Principles for Improving Outcomes for Children and Families**](https://developingchild.harvard.edu/resources/three-early-childhood-development-principles-improve-child-family-outcomes/)*(The Center on the Developing Child at Harvard University)*

Improve outcomes for children and families by reducing sources of stress, strengthening core life skills and supporting responsive relationships.

For more information: <https://develoingchild.harvard.edu>

**Scarcity**

[**Poverty Interrupted**](http://www.ideas42.org/wp-content/uploads/2015/05/I42_PovertyWhitePaper_Digital_FINAL-1.pdf) (Ideas42)

Applying behavioral science to the context of chronic scarcity.

[**This is Your Stressed-Out Brain on Scarcity**](https://www.npr.org/sections/health-shots/2014/07/14/330434597/this-is-your-stressed-out-brain-on-scarcity) (NPR)

This short article and podcast use the example of a person attending a welfare employment program to demonstrate how programs impose demands that increase rather than decrease scarcity.

For more information: [www.ideas42.org](http://www.ideas42.org)

### Goal Attainment

### [Improving Outcomes Among Employment Programs Through Goal Attainment: A Conceptual Framework](https://www.acf.hhs.gov/sites/default/files/opre/goals_framework_b508.pdf) A conceptual framework for researchers, policy makers, and practitioners interested in designing workforce development programs focused on self-regulation and goal attainment*.* (See pages 3-7.)

### Adult Learning Principles

### [Six Core Principles for Learning](http://www.globallearningpartners.com/downloads/resources/6_Core_Principles_for_Learning.pdf) (Global Learning Partners)

### Adults learn best when learning activities are built on these six core principles: immediacy, respect, relevance, safety, engagement and inclusion.

### [The 4-A Learning Sequence](http://www.globallearningpartners.com/downloads/resources/4_As.pdf) (Global Learning Partners)

### Learning lasts when you create learning tasks using the 4-A learning sequence: Anchor, Add, Apply, and Away.

### For more information: [www.globallearningpartners.com](http://www.globallearningpartners.com)