



WEBINAR RESOURCE PACKET

Webinar 3: August 30, 2:00 – 3:00 p.m. PT

Link: <https://event.on24.com/wcc/r/1486541/85247BD6306C914FD1EA69DF9758AC3E>

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PREPARATION CHECKLIST

PRINT RESOURCE PACKET

This webinar is designed to be highly participatory. For optimal engagement, download and print this resource packet before the webinar. Have the hard copy in front of you with a pen in hand.

VISIT THE WEBSITE

Spend 5 minutes visiting the website www.calworksnextgen.org. Click “Register” at the bottom of the log-on page to sign up. Click on the “Promising Practices” page for more information and videos on the topic of this webinar. If you missed the previous webinars, the link to see them is on the bottom of the home page.

PRE-WEBINAR TASKS

You will invest a full hour of your time by participating in this webinar. To get the most from your investment, spend 10 minutes reading this packet.

PREPARE YOUR LEARNING ENVIRONMENT

If we were in person, we’d take great care to provide an optimal physical learning environment. We invite you to create a comfortable space for yourself—grab a snack and cup of coffee, a highlighter, scratch paper to doodle on ... whatever helps you to learn best!

MUTUAL ACCOUNTABILITY

As your facilitators, we are committed to meeting your learning needs throughout this webinar. Our expectation is that you will be available to participate and engage with us during the hour.

LOG IN AND CONNECT

Plan on joining us 10 minutes before the starting time of the webinar to test your equipment and settle into our virtual learning space.

Webinar 3: Executive Functioning: Critical Skills for Goal Achievement

The session designers and facilitators of this webinar are:

LaDonna Pavetti, Center for Budget and Policy Priorities

Silvia Bunge, Building Blocks of Cognition Laboratory

Intent for Webinar 3

Our intent is for you to leave the webinar with a solid understanding of what executive functioning skills are, when and how they develop, and what you can do to help support customers.

Achievements: During the webinar we will:

- Connect Executive Function (EF) skills to the CalWORKs 2.0 Goal Achievement Framework
- Examine what EF skills are and why they matter
- Reflect on the EF skills of current customers
- Explore when and how EF skills develop
- Share how we work with whole families
- Identify ways that programs and staff can support EF skill-building in adults

Before the webinar

To get you started thinking about executive functioning, take a few minutes before the webinar to think about these questions:

- What tools or strategies do you use to help yourself get things done and stay organized?
- What self-management skills would you like to improve?

During the webinar

During the webinar we will ask several questions:

- Which challenge do you see most often in your customers: trouble with making decisions, difficulty planning ahead, easily distracted, acting without thinking, losing their temper, unaware how others see their behavior, realizing the extent of their problems or none of the above?
- In which executive function area—planning, self-control, and monitoring--do you most often see a weakness that might contribute to a customer's lack of success?
- Given both the importance of building strong executive functions in children and the CalWORKs whole-family vision, please share some examples of how you engage the whole family in your work today.

After the webinar

1. Sign up for the next webinar and put its date into your calendar.
2. Post your insight, question, idea, or topic on the forum page of the new website.
3. Call or email a colleague who could not attend and share one thing you learned from the webinar. Invite your colleague to log in to the website and register for the next webinar.